



Increasing Positive Interactions



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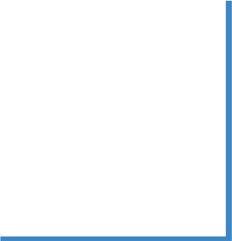
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**My goal: to give you two
ideas on improving a
difficult interpersonal
relationship**



What does a successful interpersonal relationship look like? When successful, how do you feel?



Karl Rove and David Axelrod prove we can disagree and still get along.



Each episode of this Canadian police drama takes the time to humanize each supposed bad guy.

It is my belief that no one wants to be the difficult personality.

Make it your goal to humanize
each person you interact with.
How can we do this?

How do you like to be treated
in your interpersonal
relationships?

What do others truly want from us?

1. Acceptance
2. Respect
3. Influenced by
4. To be Understood

Let's define a successful
interpersonal relationship
only using I statements...

Success is when I...

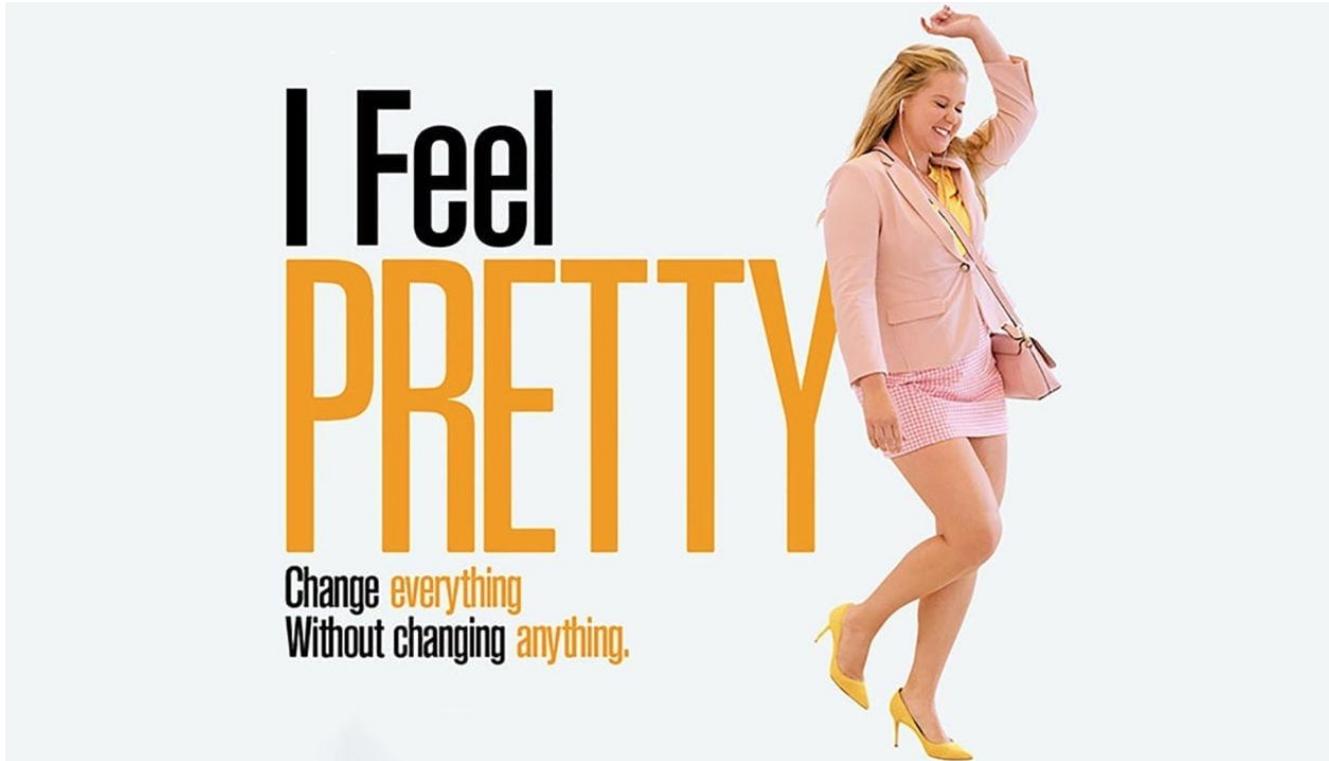
1. Treat each person with the respect they deserve
2. Listen before talking
3. Let others influence my opinion
4. Work to understand another

What kind of person do you
want to be in your
interpersonal relationships?

For me it's important to be:

1. Loyal
2. Kind
3. Consistent
4. Empathetic

How can we change our
perspective about a person?



By changing her perspective of herself, her world changed.



We value when multiple perspective are appreciated and recognized.

Two strategies helped me be the type of educator I wanted to be:

1. Increasing positive interactions
2. Ignoring inconsequential behavior

How can you test if your relationships are in good standing?

Good standing relationships:

1. A person wants to be near you
2. They will do what ask
3. They want to make your life easier

Will it be worth the work?



Were these six hours worth it? Totally.

What's next week's topic?

THANK YOU!

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